

COME & TRY



Table Tennis
Tuesdays, 2-3pm

Bowls
Tuesdays, 3.30pm – 4.30pm

Tai Chi/Yoga
Thursdays, 10 am -1pm

Archery
Thursdays, 2.30pm - 4pm

Classes have friendly, helpful coaches and are aimed at beginners who are 50 plus.
First class of any activity is FREE

**Only £2
a session –
Pay as you go**

www.foreveractiveeh.org.uk

FUN, HEALTHY AND ACTIVE

Contact for further info: Jane Allsop Tel: 01920 830330 E: clerk@watton-pc.org.uk or
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The Nigel Poulton Community Hall, School Lane, Watton-at-Stone, Herts, SG14 3SF



LOTTERY FUNDED

